



Ministry of Health
and Family Welfare
Government of India



Help us to
help you



To protect yourself and your
loved ones/ co-workers,

Follow the
FIVE

**COVID Appropriate
Behaviours even after
vaccination**



Use mask
correctly



Wash hands with soap
and water frequently and
thoroughly or use hand sanitizer



Maintain 6 feet (2 gaj)
physical distance



If you see any symptom,
prompt self-isolation



If you see any symptom,
promptly get yourself tested

**When we are safe,
Nation is safe!**

 **Helpline No.: 1075 (Tollfree)**