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Most Immediate

F. No 10-12 /2020-Sch.4
Government of India
Ministry of Human Resource Development
(Department of School Education & Literacy)

Shastri Bhawan, New Delhi

Dated the 27th July, 2020

To,

The Secretaries School Education/Higher Education of all the States/Union Territories

Subject: MANODARPAN - An Initiative of the Ministry of Human Resource Development for Psychosocial Support of Students, Teachers and Families for Mental Health and Emotional Well-being

Sir/Madam,

In the wake of the outbreak of COVID-19 pandemic, the Ministry of Human Resource Development has launched an initiative called 'MANODARPAN' to provide psychosocial support to students, teachers and families for mental health and emotional well-being during the COVID outbreak and beyond. The initiative was inaugurated by the Union Minister for Human Resource Development on the 21st July, 2020. A web-page has been created on the web-site of this Ministry. The Web-page contains advisory, practical tips, posters, videos, do's and don'ts, FAQs, online query system and other resources for psychosocial support. It can be accessed at the following url:

<http://manodarpan.mhrd.gov.in>

2. The Hon'ble Minister for Human Resource Development also launched the National Toll-free Helpline (**8448440632**) set up for a country-wide outreach to students from schools, colleges and universities to provide them tele-counselling to address their mental health and psychosocial issues. This unique helpline is managed by a pool of experienced counselors/psychologists and other mental health professionals and will continue beyond the COVID-19 situation.

3. It is requested that the aforesaid initiatives taken by this Ministry may be widely disseminated amongst all concerned in your State/Union Territory so that interested students/teachers/parents could make full use of these services. A link for the web-page may also be given on the official web-site of your Department/State/Union Territory. The National Toll-free Helpline No. **8448440632** may also be prominently displayed on the website and other medium for wide publicity.

Yours faithfully,



(L.S. Changsan)

Joint Secretary to the Government of India

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